

DECEMBER

Unidos Podemos

TOGETHER WE CAN APPRECIATE OUR ABILITIES

CALENDAR



Universal Human Rights Month - December
International Day for People with a Disability - 3rd
International Human Rights Day - 10th
International Human Solidarity Day - 20th

FOR TEACHERS who want to dig deeper in the classroom.



[Link to Activity](#)

In this lesson, students will work toward understanding what it means to have a learning disability. They will also discuss ways in which labels about intelligence are used to discriminate against people, and develop more constructive, specific vocabulary for discussing learning needs

Grades K-2



[Link to Activity](#)

In this lesson, children will consider what's involved in creating spaces for people who are differently-abled and learn how art can be used to create a more open and accessible world. Students will be able to identify and analyze ways of designing spaces for people with disabilities.

Grades 3-5



[Link to Activity](#)

In this lesson, students learn about the principles of universal design, analyze examples of it, and develop their own product, communication or environment in accordance with its principles. Activities will help students recognize the elements of universal design

Grades 6-8

FOR PARENTS who want to have these discussions at home.

Simulation Activities



Consider showing [this page](#) of text to your child. Have them read it out loud. They must read the COLOR the word is written in, not the word itself. Afterward, discuss how your brain wants to read the actual word. This is an example of how difficult it may be for students with learning disabilities to get through the school day. Their brain may understand what needs to be done, but they may struggle to make it come out. The difficulty of completing this activity is meant to simulate how arduous tasks can be for students who learn differently.

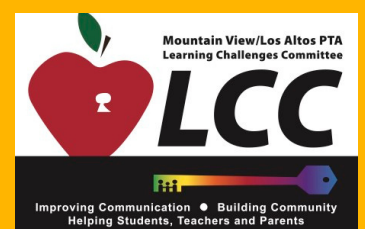
For more simulation activities visit the SELPA1-CAC website [here](#).

ORGANIZATION SPOTLIGHT for you to get involved.

Learning Challenges Committee

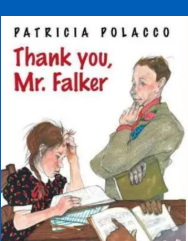
[Link to Website](#)

The Learning Challenges Committee of the LAMV PTA council is made up of parents, teachers and students in the Mountain View and Los Altos areas. "We are committed to getting the best education for students with learning challenges and/or special education needs. We strive to foster communication, share information, and help our children become active and successful participants in the community. We welcome all parents, educators, and community members who are interested in our work."



To subscribe to their monthly newsletter, please send an email to lcc@lamvptac.org.

RELEVANT LITERATURE for kids to read about it.



Thank You, Mr. Falker
by Patricia Polacco
Grades K-2



Out of My Mind
by Sharon M. Draper
Grades 3-5



Fish In a Tree
by Lynda Mullaly Hunt
Grades 6-8